

**Series: Revealing the Glory of the Church**

**Our Lifestyle, Part I**

**Eph. 4:1-16**

**Live like spiritually mature believers**

**Eph. 4:1-3**, Therefore I, the prisoner of the Lord, implore you to **walk in a manner worthy of the calling with which you have been called**,  
2, with all humility and gentleness, with patience, showing tolerance for one another in love, 3, being diligent **to preserve the unity of the Spirit in the bond of peace**.

Rom. 1:6-7, You also are the **called** of Jesus Christ...**called** as saints.

humility

gentleness

patience

tolerance

diligence

# Opposite traits

humility

arrogance

gentleness

brashness

patience

hot headed

tolerance

unyielding

diligent

lazy

Rom. 12:18, If it is possible, as much as depends on you, live peaceably with all men.

4-6, There is **one body** and **one Spirit**, just as also you were called in **one hope** of your calling; 5, **one Lord, one faith, one baptism**, 6, **one God and Father** of all who is over all and through all and in all.



7-8, But to **each one of us grace** was given according to the measure of Christ's gift. 8, Therefore it says, "WHEN HE ASCENDED ON HIGH, HE LED CAPTIVE A HOST OF CAPTIVES, AND **HE GAVE GIFTS TO MEN.**"

11, And He gave some as **apostles**, and some  
as **prophets**, and some as **evangelists**, and  
some as **pastors and teachers**,

12, for the **equipping** of the saints for the **work of service**, to the **building up** of the body of Christ.

13, until we all attain to the unity of the faith,  
and of the knowledge of the Son of God, to a  
**mature man**, to the measure of the stature  
which belongs to the fullness of Christ.

14, As a result, we are no longer to be **children**, tossed here and there by waves and carried about by every wind of doctrine, by the trickery of men, by craftiness in deceitful scheming;

15, but speaking the truth in love, we are to grow up in all *aspects* into Him who is the **head**, *even Christ*,

16, from whom the **whole body**, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.