**Finding Our Help in God**

**Psalm 121**

**1. Our Help Begins with Perspective (v. 1-2)**

**Questions:** How often are you looking to God for help in certain areas of your life? What areas do you need to look to Him more for help in?

**2. Our Help Comes with Protection (v. 3- 6)**

**Questions:** What are you not trusting God for right now in your life?

**3. Our Help Points to Preservation (v. 7-8)**

**Question:** Do you keep in mind that the endgame of your circumstances promises absolute preservation in your lives for all eternity?